

Guidelines for preparing Scientific Posters for the ENA 2026 Symposium

Content

The poster should show the full title of your submitted abstract; text should be brief and well-organised, presenting only enough data to support your conclusions; the text should make clear the significance of your research; the text should include your hypothesis, methods, results, and conclusions.

- Your **poster board number** is indicated in your acceptance email.
- Your **poster session** is indicated in your acceptance email, as well as in the Online Searchable Programme.
- Since double-sided tape will be used to affix your poster, it is advisable to avoid printing posters on cloth, otherwise they might fall off the boards.
- Materials to fix the poster to the poster boards will be made available onsite at the Symposium.

Poster set-up and removal timings

- **Wed 18 November**: set-up between 09.30-11.00 / removal between 19.00-19.30
- **Thu 19 November**: set-up between 07.30-09.00 / removal between 17.30-18.00
- **Fri 20 November**: set-up between 07.30-09.00 / removal between 15.00-15.30

Design

- Format: **Portrait**
- Printed Poster Dimensions: **A0 size (84.1cm wide x 118.9 cm high)**, printed on Blueback paper (weight 120gr)
- A clear, simple, and uncluttered arrangement is the most attractive and the easiest to read.
- The title should be approximately 3inch(7cm) high, with authors' names and affiliations in somewhat smaller print.

- All text should be legible from a distance of approximately 5ft (1.50m). Type size should be at least 24 points, in bold style. The typeface chosen should be a simple and clear one (e.g. Poppins, Helvetica, or Arial).
- Colour should be used sparingly, to provide contrast. The main parts of the poster can be highlighted with warm colours, and the less important parts can be done in cool colours. Some suggestions for colour combinations are as follows: Green on white, red on white, black on white, blue on white, white on blue, and white on black.
- Illustrations should be simple and eye-catching, with unnecessary detail left out. If possible, convert tables to graphic displays. Pie charts can be used to show parts of a whole, line graphs can be used to show trends or changing relationships, and bar graphs can be used to show volumes.
- Photos should be enlarged enough to show relevant details.
- Standard computer printouts do not work well on posters because the type size is too small and the lines are too thin to be seen from a distance.
- Patient confidentiality must be protected. No names may appear in illustrations.
- It is optional to include QR codes on the poster.